## Water hygiene in your home

Having clean water in your home is vital for your health and wellbeing. Most household water systems contain some bacteria and other organisms which do not cause any problems. However, sometimes these can develop into harmful bacteria such as legionella. There are a few ways to keep water safe in your home.



If you have been away for some time, run your taps / shower for a couple of minutes to flush through any stagnant water

Clean your taps and shower heads. Hot soapy water or any household

product will do the trick. Its recommended every





Remember to run taps that are not regularly used. It could be wash hand basins in WC's or outdoor taps. This helps to flush out any bacteria



Hot water from electric cylinders and boilers should be a minimum temperature of 50°C. Call 01698 269 119 if you aren't sure. Please be careful of scalding